

# Quantitative Morse Theory on Loop Spaces

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# Theorem of Lusternik and Schnirelmann

## Theorem

*On any Riemannian 2-sphere there exist at least three simple periodic geodesics.*

## Theorem

*Let  $M$  be a Riemannian sphere of diameter  $d$  and area  $A$ . There exist three distinct non-trivial simple periodic geodesics of length at most  $20d$ . Moreover, there exist three distinct simple periodic geodesics on  $M$  of length at most  $800d \max\{1, \log \frac{\sqrt{A}}{d}\}$  such that none of these geodesics has index zero.*

# Summary of the proof of Lusternik and Schnirelmann's theorem

- Consider the space  $\Pi M$  of non-parametrized simple curves on a 2-dimensional Riemannian sphere. Consider its subspace  $\Pi_0 M$  of constant curves of  $M$ . Note that  $\Pi_0 M$  can be naturally identified with  $M$ .

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- Consider the three relative homology classes of the pair  $(\Pi M, \Pi_0 M)$  with coefficients in  $Z_2$
- Lusternik and Schnirelmann constructed a curve shortening flow that should not create self-intersections. Thus, they get stuck on simple closed geodesics.

# Proof







## Based point loops

We can study based point loops

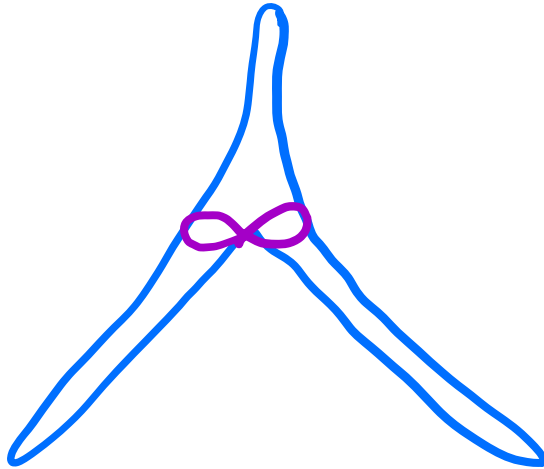
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# Based point loops

- The length of a shortest geodesic loop on  $M^n$
- The length of a shortest geodesic loop at each point  $p \in M^n$  of a closed Riemannian manifold.

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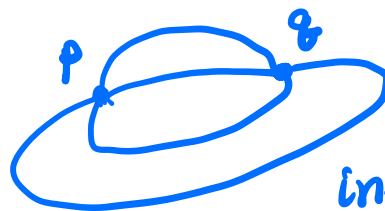
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- R. R. , "The length of a shortest geodesic loop at a point", *JDG*, 78 (2008), 497-519

# J.-P. Serre's theorem



Take  $p=q$   
you will get  
infinitely many geo.  
loops

## Theorem

*Given a pair of points on a closed Riemannian manifold, there exist infinitely many geodesics connecting them.*

J.-P. Serre, "Homologie singuliere des espaces fibres", Annals of Mathematics (1951), 425-505

Is there  $f(n, k)$  s.t.  $\forall p \in M^n$   
 $\exists$  at least  $k$  geodesic loops based at  $p$   
of length at most  $f(n, k)d$ ?  $d$  is  
the diameter



## Question

Maybe there always at least  $k$   
of length at most  $kd$

Let  $p, q \in M^n$ , where  $M^n$  is a closed Riemannian manifold of dimension  $n$ . Is there a function  $f(k, d)$ , such that for every  $k$  there exist at least  $k$  geodesics connecting  $p$  and  $q$  of length at most  $f(k, n)d$ , where  $d$  is the diameter of  $M^n$ ?

# Curvature-free estimates for the lengths of geodesics

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## Theorem

*Let  $M^n$  be a closed Riemannian manifold of diameter  $d$ . Then for each pair of points  $p, q \in M^n$  there exist at least  $k$  geodesics of length at most  $4nk^2d$*

# Linear bounds for the length of geodesics on closed Riemannian surfaces

- Let  $M$  be a Riemannian 2-sphere of diameter  $d$ . Then for each pair of points  $p, q$  there exists at least  $k$  geodesics of length at most  $22kd$ , ( $20kd$ , when  $p = q$ ).

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- Cartan-Serre's theorem implies the existence of an even-dimensional real cohomology class  $u$  of the loop space  $\Omega_p M^n$  such that all of its cup powers are non-trivial. Using rational homotopy theory one can prove that there exists such a class  $u$  of dimension at most  $2n - 2$ .

$$H^*(\Omega_p M^n, \mathbb{Q}) = \text{p.w. dif. curves on } M^n \text{ beginning and ending at } p \\ u, u^2, u^3, \dots$$

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- Apply Morse theory to produce critical points of the length functional on  $\Omega_p M^n$  corresponding to cohomology classes  $u^i$ .



- A. Schwarz's proof of Serre's theorem: Consider a product in rational homology group of the loop space induced by the concatenation of loops.
- Dual real homology class  $c$  of  $u$  is the homology class of the same dimension such that  $\langle c, u \rangle = 1$ . The classes  $u, c$  can be chosen so that  $c$  is spherical.

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- Therefore, critical point corresponding to  $u^i$  also corresponds to  $c^i$ . We need to choose a representative of  $c$ .
- Let  $L$  be such that this representative  $c$  is contained in the set of loops of length  $\leq L$ . Then  $c^i$  can be represented by a set of loops of length  $\leq iL$ .



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- In the case of the sphere, the  $c$  is of dimension 1. Let  $p \in M$  be given. We would like to construct  $f : S^1 \rightarrow \Omega_p M$  that passes through short loops, unless there exist already many sufficiently short loops.

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- We will use the same pseudo-extension technique.

# Proof





# General dimension

If there are not many geodesic loops, then any sphere in the loop space can be replaced by a homotopic sphere passing through short loops and our result follows.

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$f: S^m \rightsquigarrow \Omega_p M^n$  if you don't have sufficiently many

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then you can homotope your sphere to sphere that consists of short loops

## Theorem

Let  $M^n$  be a closed Riemannian manifold of dimension  $n$  and diameter  $d$ . Then either there exist non-trivial geodesic loops with lengths in every interval  $(2(i-1)d, 2id]$  for  $i \in \{1, \dots, k\}$  or all maps  $f: S^m \rightarrow \Omega_p(M^n)$  can be homotoped to a map of loops based at  $p$  of length that does not exceed  $((4k+2)m + (2k-3))d$ , and the length of loops during this homotopy does not increase that much in comparison with the maximal length of loops in the image of  $f$ .

sphere to sphere that consists of short loops



# Observation

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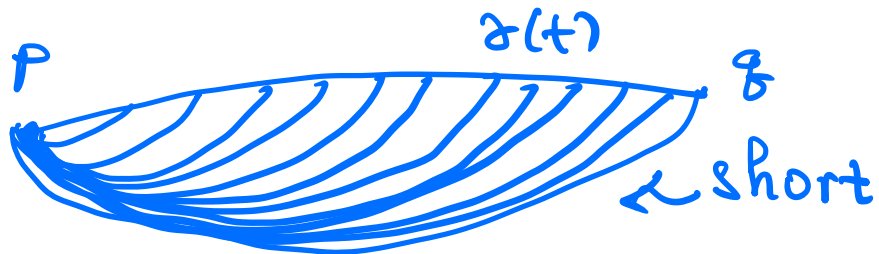
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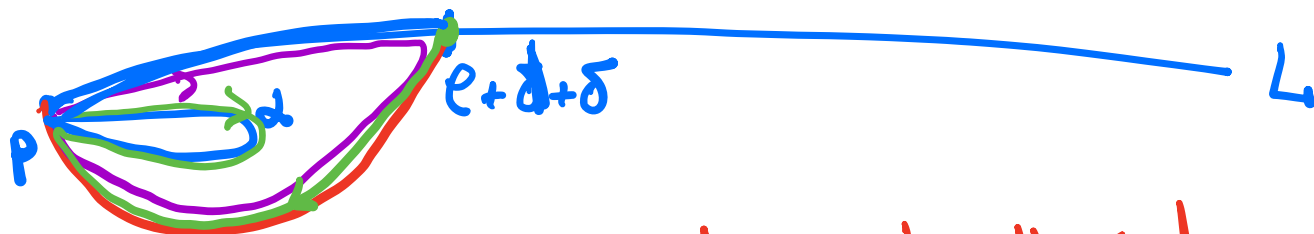
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- the length of the resulting curve is at most  $l + d$
- there exist a family of curves  $\beta_t$  which connect  $p$  with  $q(t)$  and the maximal length of the curves in this family is at most  $l + 3d + \delta$



# Proof of the observation



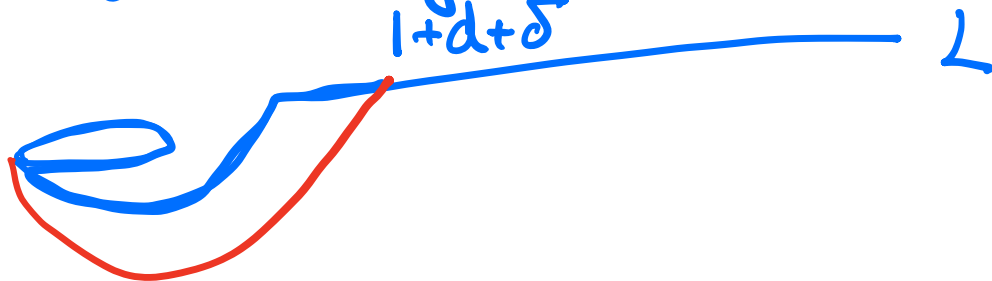
minimizing geodesic, length  $\leq d$

$$\text{length}(d) \leq l$$

length of green curve is at most  $l + d$

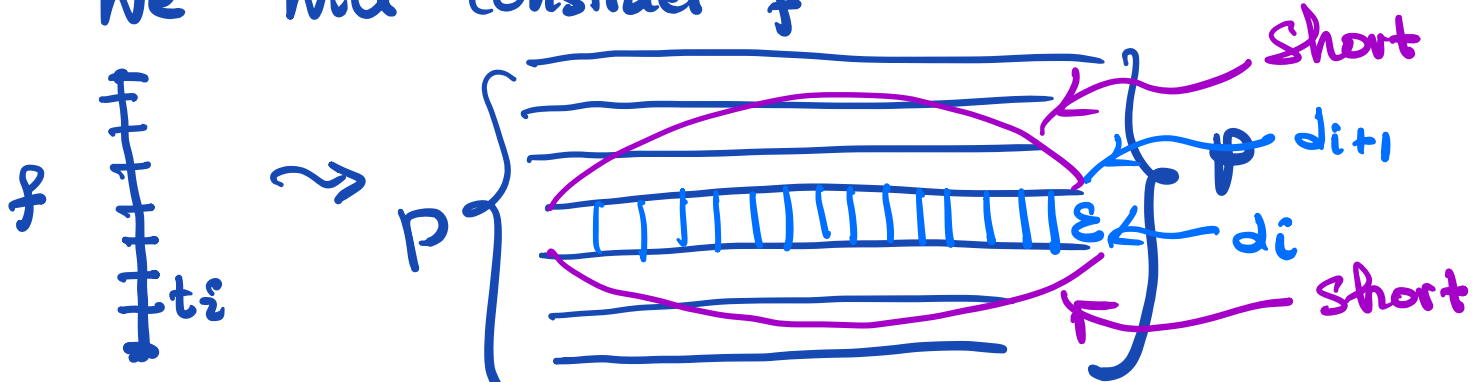
We decreased the length of the total

curve by  $\delta$   
 $l + d + \delta$



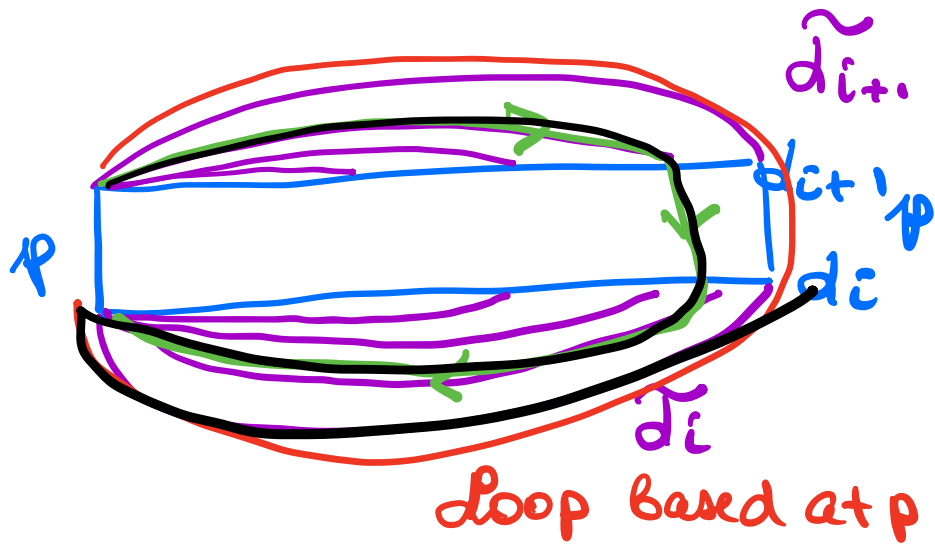
# Proof

Let us consider  $f = S^1 \rightarrow \Omega_p M^m$   
We will construct  $f$



$d(f(t_i), f(t_{i+1})) < \epsilon$  for some small  $\epsilon$

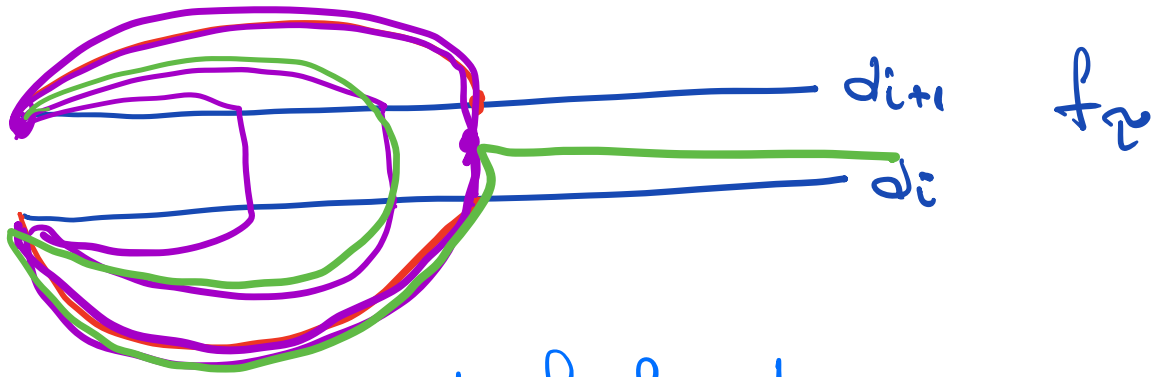
$$f(t_i) = d_i$$



This means there is a path homotopy between  $\tilde{d}_i$  and  $\tilde{d}_{i+1}$  over  $\mathbb{R}$  short curves  $f$  construct is  $f_2$  s.t.

$f_0 = f, f_1 = f$





Now generalize to higher dimension

## Problem 8

- (a) Let  $M^{2n}$  be a Riemannian  $2n$ -sphere for some natural number  $n$  with a positive sectional curvature. Let  $\gamma : [0, 1] \rightarrow M^{2n}$  be a periodic geodesic on  $M^{2n}$ . Show that the index  $i(\gamma) \geq 1$ .
- (b) Let  $M^n$  be a closed Riemannian manifold with  $Ric \geq (n - 1)$  where  $Ric$  is the Ricci curvature of  $M^n$ . Show that any geodesic loop  $\gamma_p \in \Omega_p M^n$  of length  $> \pi$  has index  $i(\gamma_p) \geq 1$ .

## Problem 9

Let  $M^n$  be a Riemannian manifold, such that  $Ric \geq (n - 1)H$ . Given  $r, \epsilon > 0$  and  $p \in M^n$  prove that there exists a covering of  $B_r(p)$  by balls  $B_\epsilon(p_i)$ , where  $p_i \in B_r(p)$ , with the number of balls  $N$  bounded in terms of  $n, H, r, \epsilon$ . Compute some bound on  $N$ .

## Problem 10

### " Critical points of Distance functions and

We will say that a point  $q$  on a manifold  $M^n$  is critical with respect to  $p$ , if for all vectors  $v$  in the tangent space  $T_qM$ , there exists a minimal geodesic  $\gamma$  from  $q$  to  $p$  with the absolute value of the angle between  $\gamma'(0)$  and  $v$  at most  $\frac{\pi}{2}$

Let  $q_1$  be critical point with respect to  $p$  and let  $q_2$  satisfy  $d(p, q_2) \geq \alpha d(p, q_1)$  for some  $\alpha > 1$ . Let  $\gamma_1, \gamma_2$  be minimal geodesics from  $p$  to  $q_1, q_2$  respectively, and let  $\theta$  be the angle between  $\gamma_1'(0)$  and  $\gamma_2'(0)$ . If sectional curvature  $K_M$  of a closed Riemannian manifold  $M$  is bounded from below by  $-1$  show that

$$\cos \theta \leq \frac{\tanh \frac{d}{\alpha}}{\tanh d}$$

. Here  $d$  denotes the diameter of  $M$ .

*Hint: Use Toponogov comparison theorem twice.*

applications to geometry

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- A. Nabutovsky, R. Rotman, "Volume, diameter and the minimal mass of a stationary 1-cycle", GAFA, 14 (2004), 748-790



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- K. Irie, "Dense existence of periodic Reeb orbits and ECH spectral invariants", J. Mod. Dyn. 9 (2015)

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- Similar result for minimal hypersurfaces,  $3 \leq n \leq 7$ .



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## Theorem

*Let  $S$  be a 2-sphere with a smooth Riemannian metric with positive curvature. There exists a geodesic net  $G$  partitioning  $S$  into three components shaped either as a  $\theta$ -graph, "figure 8", or "glasses".*



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- Given a graph, a positively curved 2-sphere and target total curvatures, there is a length-minimizing graph ( $\theta$ , figure 8, glasses), which divides the two-sphere into regions with those total curvatures.

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- F. Morgan, "Soap bubbles in  $R^2$  and in surfaces", Pc. J. Math 96 (1989), 333-348

# Questions

- Do all metrics on the 2-sphere contain a geodesic net homeomorphic to a  $\theta$ -graph?

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- Does the conclusion of Theorem 1 hold for arbitrary metrics on the 2-sphere?



## Problem 11

Let  $M$  be a Riemannian 2-sphere. Let  $\mathcal{N}$  be a geodesic net modelled either on  $\theta$ -graph, figure 8, or glasses, that subdivides  $M$  into three regions  $R_i, i = \{1, 2, 3\}$ .

- (a) Evaluate the total curvature  $K_i$  of each of  $R_i$ , when  $\mathcal{N}$  is either a  $\theta$ -graph or glasses;
- (b) Find the bounds for  $K_i$ , when  $\mathcal{N}$  is a figure 8 with vertex angles  $\frac{\pi}{3} \leq t \leq \frac{2\pi}{3}$ .

# Poincare problem and related questions

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- P. Papazoglou, "Cheeger constants of surfaces and isoperimetric inequalities", *Trans. Amer. Math. Soc.* 361 (2009), no. 10, 5139-5162.

## Problem 12

Let  $M$  be a Riemannian 2-sphere of area  $A$  and diameter  $d$ .

(a) Show that for any  $\delta > 0$  there exist a closed curve of length at most  $2d$  that subdivides  $M$  into two pieces of area at least  $\frac{A}{3} - \delta$ .

(b) **Besicovitch Lemma**. Let  $D$  be a Riemannian 2-disk. Consider a subdivision of  $\partial D$  into four consecutive sub-arcs with disjoint interiors, i.e.  $\partial D = a \cup b \cup c \cup d$ . Let  $l_1$  denote the length of a minimizing geodesic between  $a$  and  $c$ ,  $l_2$  denote the length of a minimizing geodesic between  $b$  and  $d$ . Then the area of  $D$ ,  $A \geq l_1 l_2$ .

Use Besicovitch Lemma to show that there exists a closed curve of length at most  $4\sqrt{A}$  that subdivides  $M$  into two pieces of area at least  $\frac{A}{4}$ .

# Subdividing $n$ -dimensional manifolds into pieces of comparable volume

- Question of P. Papazoglou: Let  $M$  be a Riemannian 3-disk with diameter  $d$ , boundary area  $A$ , volume  $V$ . Is there a function  $f(d, A, V)$  such that there exists a homotopy  $S_t$  contracting the boundary to a point, so that the area of  $S_t$  is bounded by  $f(d, A, V)$ ? Is it possible to subdivide  $M$  by a disk  $D$  into two regions of volume at least  $\frac{M}{4}$  so that the area of  $D$  is bounded by  $h(d, A, V)$ ?

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- based on D. Burago, S. Ivanov, "On asymptotic constant of tori", GAFA 8 (1998), no. 5, 783-787

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- For any  $\epsilon, M > 0$  there exists a Riemannian 3-sphere  $S$  of volume 1 such that any, not necessarily connected surface separating  $S$  into two regions of volume  $> \epsilon$  has area greater than  $M$

# Geodesic flowers and wide loops

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- Also there exists a wide geodesic loop of length at most  $n(n + 1)!a^{(n+1)^3} \text{vol}(M^n)^{\frac{1}{n}}$



